# PRODUCT DATA SHEET BASIC DETOX NUTRIENTS

## **DESCRIPTION** Dietary Supplement

# **Basic Detox Nutrients**

Supplement Fa	acts	
Serving Size: Twelve Capsules Servings Per Container: 30		
Twelve Capsules Contain:		% DV
Vitamin A (from 25,000 IU Mixed Caroten	es	
and 2,500 IU Palmitate)	27,500 IU.	550%
Vitamin D (as Vitamin D3)	1600 IU.	400%
Vitamin E (as d-Alpha-Tocopheryl)	400 IU.	1333%
Vitamin K	100 mcg.	125%
Vitamin C (as Calcium Ascorbate)	1000 mg.	1667%
Thiamine (as Thiamine HCI)	200 mg.	13333%
Riboflavin (as Riboflavin 5'- Phosphate)	50 mg.	2941%
Niacin (from 30 mg Niacin and		
from 100 mg Niacinamide)	130 mg.	650%
Vitamin B6 (as Pyridoxal 5'- Phosphate)	100 mg.	5000%
Folate (500 mcg as Calcium Folinate and	500 mcg	
as 5-Methyl-tetrahydrofolate)	L000 mcg.	250%
Vitamin B12 (225 mcg as Adenosylcobala	min and	
225 mcg as Methylcobalamin)	450 mcg.	7500%
Biotin	400 mcg.	133%
Pantothenic Acid (as Calcium Pantothenate	e) 400 mg.	4000%
Calcium (as Calcium Citrate-Malate)	300 mg.	30%
lodine (as Potassium lodide)	150 mcg.	100%
Magnesium (as Magnesium Citrate-Malate	) 500 mg.	125%
Zinc (as Zinc Picolinate)	30 mg.	200%
Selenium (as Selenium Picolinate)	200 mcg.	286%
Manganese (as Manganese Picolinate)	6 mg.	300%
Chromium (as UltraChrome®)	200 mcg.	167%
Molybdenum (as Molybdenum Picolinate)	100 mcg.	133%
Potassium (as Potassium Citrate-Malate)	90 mg.	2.5%
Boron (as Boron Picolinate)	3 mg.	*
Choline Citrate	300 mg.	*
Inositol	60 mg.	*
Vanadium (as Vanadium Picolinate)	100 mcg.	*
Green Tea Phytosome (Camellia sinensis extract		
/ Phosphatidylcholine complex)	50 mg.	*
R-Lipoic Acid	50 mg.	*
N-Acetyl-L-Cysteine	200 mg.	*
MSM (Methyl Sulfonyl Methane)	100 mg.	*
Silybin Phytosome (seed) (Silymarin maria	anum	
extract / Phosphatidylcholine complex)	100 mg.	*
Broccoli extract	50 mg.	*
Dandelion (root) (Taraxacum officinale)	10 mg.	*
Curcumin Phytosome (root) (Curcuma long	ga extract	
/ Phosphatidylcholine complex)	100 mg.	*
*Daily Value (DV) not established.		

Other Ingredients: Hypromellose (derived from cellulose) capsule, Leucine,<sup>†</sup> Silicon Dioxide.<sup>†</sup> Contains ingredients derived from soy (phytosomes). <sup>†</sup>A hypoallergenic ingredient used to fill space.

## **EXCIPIENT FREE**

This product does not contain wheat, gluten, corn, yeast, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

#### **HOW SUPPLIED**

Basic Detox Nutrients is supplied in bottles of 360 two-piece vegetarian capsules. Packed 12 bottles per case.

#### **CONTRAINDICATIONS AND WARNINGS**

lodine has prompted allergic reations in some individuals. This product is contraindicated in a patient with a history of hypersensitivity to any of their ingredients.

Basic Detox Nutrients contains curcumin phytosome, silybin phytosome, and green tea phytosome, which are plant extracts complexed with phosphatidylcholine, which is derived from soy. Phosphatidylcholine contains no soy protein. There are no other soy-based ingredients in Basic Detox Nutrients.

> While some companies say they are raising their standards ... at Thorne, we set them.<sup>™</sup>



the Original Specialists in Pure Encapsulations<sup>™</sup>

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#### VMD / 360 Vegetarian Capsules

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

#### **INTERACTIONS**

As Vitamin K interferes with the effect of anticoagulant drugs (like Coumadin), the concurrent use of these agents should be avoided.

Folinic acid supplementation is not recommended concurrently with methotrexate cancer therapy, as it can interfere with methotrexate's anti-neoplastic activity; however, folinic acid has not been shown to interfere with the anti-inflammatory activity of methotrexate. A patient taking methotrexate for psoriasis, rheumatoid arthritis, or juvenile rheumatoid arthritis can safely take a folate supplement.

As curcumin, an active ingredient in turmeric, has been shown to reduce the therapeutic efficacy of cyclophosphamides (such as Cytoxan) in animal studies, the concurrent use of these two agents should be avoided.

#### **PREGNANCY WARNING**

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

#### DOSAGE

Adult patients: 6 capsules twice daily, or as otherwise directed by a health-care practitioner.

#### **STORAGE**

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

#### **TRADEMARK AND PATENT INFORMATION**

UltraChrome<sup>®</sup> is Thorne's trade name for Chromium (4 oxopyridine2,6-dicarboxylate, arginate). Protected under U.S. Patent No. 5,665,385.

#### **MANUFACTURED BY**

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